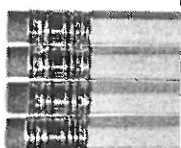
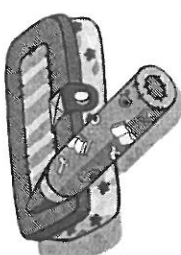
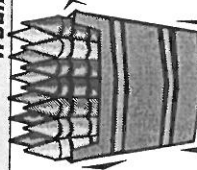
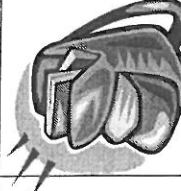


# North Valley Academy

# September 2011

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Labor Day</b> 5 PANCAKES FRESH FRUIT FISH NUGGETS WHIPPED POTATOES MIXED FRUIT WHEAT DINNER ROLLS	 6 MINI MUFFINS FRESH FRUIT PIZZA COMPANY PIZZA ITALIAN BLEND VEGGIES PINEAPPLE CHUNKS 12 PANCAKES FRESH FRUIT FISH NUGGETS WHIPPED POTATOES MIXED FRUIT WHEAT DINNER ROLLS	 7 STRING CHEESE FRESH FRUIT STEAK FINGERS GREEN BEANS MIXED FRUIT WHEAT DINNER ROLLS 14 BREAKFAST COMBO BAR FRESH FRUIT MACARONI & CHEESE NORMANDY BLEND VEGGIES MANDARIN ORANGES WHEAT DINNER ROLLS	 8 FRENCH TOAST STICKS FRESH FRUIT CHICKEN NUGGETS OVEN FRENCH FRIES PEARS KETCHUP BBQ SAUCE 15 BISCUIT/SAUSAGE SANDWICH FRESH FRUIT TAMALES PINTO BEANS SPANISH RICE PEARS	2 food bar and variety of milk available daily we use only wheat breads - all foods are baked 9 NUTRIGRAIN BAR FRESH FRUIT TURKEY CORN DOG TATER TOTS PEACHES MUSTARD & KETCHUP 16 OATMEAL FRESH FRUIT PEPPERONI HOT POCKET MARINARA SAUCE MIXED VEGGIES PINEAPPLE CHUNKS
19 GRANOLA BAR FRESH FRUIT BEEF TACOS - HARD SHELL PINTO BEANS APPLE SAUCE PICANTE SAUCE DICED LETTUCE & TOMATO	13 PLAIN BAGEL/JELLY FRESH FRUIT HAMBURGER ON A BUN TATER TOTS PEACHES SLICED LETTUCE & TOMATO MUSTARD & KETCHUP 20 BREAKFAST HOT POCKET FRESH FRUIT MEATBALLS BROWN GRAVY BROWN RICE PEARS EUROPEAN BLEND VEGGIES	21 PANCAKE ON A STICK FRESH FRUIT FRITO PIE PEAS MANDARIN ORANGES DICED LETTUCE & TOMATO 28 BREAKFAST PIZZA FRESH FRUIT CHICKEN STICKS TUSCAN BLEND VEGGIES PEACHES	22 ASSORTED COLD CEREAL FRESH FRUIT BEEF STEW MIXED FRUIT WHEAT DINNER ROLLS 29 PANCAKES FRESH FRUIT HOT DOG ON A BUN TATER TOTS PEARS MUSTARD & KETCHUP	23 FRENCH TOAST STICKS FRESH FRUIT PIZZA COMPANY WHEAT PIZZA BROCCOLI & CAULIFLOWER PEACHES 30 CREAM OF WHEAT FRESH FRUIT LASAGNA WITH GROUND BEEF ITALIAN BLEND VEGGIES MIXED FRUIT GARLIC BREAD

Your cafeteria is managed by  
**CANTEEN**  
 Canteen of Central New Mexico

Full Lunch - \$2.25  
 Reduced Lunch - 40¢  
 Full Breakfast - \$1.25  
 Reduced Breakfast - 30¢  
 Adult Meals - \$3.00